

# PRAYER BOOK

WITH THE NEW  
ORDER OF MASS



PRAYER BOOK WITH THE NEW ORDER OF MASS  
 © St Paul Communications/Daughters of St Paul  
 ISBN 9966-08-596-3  
 Year of Publication 2011  
 22<sup>nd</sup> reprint 2019

Nihil Obstat: Fr Matthias Ssekamanya, S.T.D.  
 Censor Liborum  
 Kampala Archdiocese  
 16<sup>th</sup> March 1984

Imprimatur: † Bishop Joseph Mukwaya Rubaga  
 19<sup>th</sup> March 1984

Liturgical text of *The Order of Mass*: Copyright © 2002 Libreria Editrice Vaticana, Vatican City State.

The English translation of *The Order of Mass* © 2010 International Commission on English in the Liturgy Corporation. All rights reserved.

Imprimatur: His Eminence John Cardinal Njue  
 Archbishop of Nairobi  
 31<sup>st</sup> May, 2011  
 Feast of the Visitation of the Blessed Virgin Mary



PAULINES PUBLICATIONS AFRICA  
 Daughters of St Paul  
 P.O. Box 49026  
 00100 Nairobi GPO (Kenya)  
 Email: publications@paulinesafrica.org  
 Website: www.paulinesafrica.org

Cover design and typesetting by: Elizabeth W. Kagwe-Rioba

Printed by: Franciscan Kolbe Press,  
 P.O. Box 468, 00217 Limuru (Kenya)  
 Email: press@ofmconvkenya.org

*The Daughters of St Paul are an international religious congregation. They use the press, radio, television and films to spread the gospel message and to promote the dignity of all people.*

# Contents

Common Prayers.....	7
Morning Prayers.....	14
Night Prayers .....	15
Holy Mass .....	16
The Introductory Rites.....	16
The Liturgy of the Word.....	21
The Liturgy of the Eucharist.....	25
The Eucharistic Prayer .....	27
Preface of the Sundays	
In Ordinary Time.....	29
Common Preface I.....	30
Eucharistic Prayer I	
(The Roman Canon).....	31
Eucharistic Prayer II.....	40
Eucharistic Prayer III .....	44
Eucharistic Prayer IV .....	49
The Communion Rite .....	54
The Concluding Rites .....	58
Eucharistic Prayers	
for Reconciliation.....	60

Eucharistic Prayer for Reconciliation.....	65
Eucharistic Prayer for Use in Masses for Various Needs .....	69
Prayer in Preparation for Mass .....	78
Thanksgiving after Mass .....	79
Rite of Eucharistic Exposition and Benediction.....	81
The Rite of the Sacrament of Reconciliation of Individual Penitents.....	83
The Way of the Cross.....	90
Prayers to the Father, the Son and the Holy Spirit .....	99
Dc Profundis .....	99
Anima Christi .....	100
Prayer for Peace and Unity .....	100
Prayer for Final Perseverance.....	100
Prayer for Meetings .....	101
Prayer for the Family .....	102
Prayer for Forgiveness.....	102
Prayer for Enlightenment .....	102
Prayer for the Mass Media .....	103
Penitent's Prayer.....	104
Creator Spirit All Divine .....	104

Prayers to Our Lady and the Saints.....	106
Magnificat.....	106
The Holy Rosary.....	107
The Mysteries of the Rosary.....	107
Litany of Our Lady of Loreto.....	110
Memorare .....	112
Mary, Help of Those In Need .....	113
Litany of the Saints.....	113
Prayer to Saint Joseph .....	115
Prayer to St Jude.....	116
Prayer to the Martyrs of Uganda .....	116
Guide for the Christian Life .....	117

# Common Prayers

## SIGN OF THE CROSS

In the name of the Father,  
and of the Son,  
and of the Holy Spirit. Amen.

## OUR FATHER

Our Father, who are in heaven,  
hallowed be your name;  
your kingdom come;  
your will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil. Amen.

## THE HAIL MARY

Hail, Mary, full of grace,  
the Lord is with you.  
Blessed are you among women,  
and blessed is the fruit of your womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners, now  
and at the hour of our death. Amen.

## GLORY BE TO THE FATHER

Glory be to the Father  
and to the Son  
and to the Holy Spirit.  
As it was in the beginning  
is now and ever shall be  
world without end. Amen.

### I BELIEVE

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died; and was buried;  
He descended into hell;  
The third day he rose again from the dead;  
He ascended into heaven, and  
is seated at the right hand of God  
the Father almighty;  
from there he will come to judge  
the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

## HAIL, HOLY QUEEN

Hail, holy Queen, Mother of mercy! Hail, our life, our  
sweetness and our hope. To you do we cry, poor ban-  
ished children of Eve; to you do we send up our sighs,  
mourning and weeping in this valley of tears.  
Turn, then, most gracious advocate, your eyes of mercy  
towards us, and after this our exile, show unto us the  
blessed fruit of your womb, Jesus. O clement, O loving,  
O sweet Virgin Mary.

## PRAYER TO OUR GUARDIAN ANGEL

Angel of God, my guardian dear, to whom God's love  
entrust me here, ever this day, be at my side to light  
and guard, to rule and guide. Amen.

## ACT OF FAITH

O my God, I firmly believe that you are one God in three  
divine persons, Father, Son, and Holy Spirit. I believe  
that your divine Son became man and died for our sins  
and that he will come to judge the living and the dead.  
I believe this and all the truths which the holy Catholic  
Church teaches because you have revealed them who  
are eternal truth and wisdom, who can neither deceive  
nor be deceived. In this faith I intend to live and die.  
Amen.

## ACT OF HOPE

O my God, relying on your infinite goodness and promises, I hope to obtain pardon of my sins, by the help of your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Lord, grant me to be with you forever. Amen.

## ACT OF CHARITY

O Lord God, I love you above all things, with my whole heart and soul, because you are all good and worthy of all my love. I love my neighbour as myself, for the love of you. I forgive all who have offended me and I ask pardon of all whom I have offended. Lord, grant that I may love you more and more. Amen.

## ACT OF CONTRITION

O my God, I am heartily sorry for having offended you, and I detest all my sins, because of ~~your just punishments~~ <sup>of your just punishments</sup>, but most of all, because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to sin no more and to avoid the near occasions of sin. Amen

*from The dead of Hell*

## ANGELUS

The Angel of the Lord declared to Mary:  
**And she conceived by the Holy Spirit**  
Hail Mary, etc.

Behold the handmaid of the Lord:  
**Be it done to me according to your Word.**  
Hail Mary, etc.

And the Word was made flesh:  
**And dwelt among us.**  
Hail Mary, etc.

Pray for us, O holy Mother of God.  
**That we may be made worthy of the promises of Christ.**

*Let us pray.*

Pour forth, we beseech you, O Lord, your grace into our hearts; that we, to whom the Incarnation of Christ, your Son, was made known by the message of an angel, may by his passion and cross be brought to the glory of his resurrection. Through the same Christ our Lord. Amen.

*During Easter time we say the "Regina Coeli":*

Queen of heaven, rejoice, alleluia.

**For he whom you were worthy to bear, alleluia.**

Has risen as he said, alleluia.

**Pray for us to God, alleluia.**

Rejoice and be glad, O Virgin Mary, alleluia.

**For the Lord has truly risen, Alleluia.**

*Let us pray.*

O God, you were pleased to give joy to the world through the resurrection of your Son our Lord Jesus Christ. Grant, we beseech you, that through the mediation of the Virgin Mary, his Mother, we may come to possess the same Christ our Lord. Amen.

## TABLE PRAYERS

*Before meals*

Bless us, O Lord, and these your gifts which we are about to receive by your goodness, through Christ our Lord. Amen.

*After meals*

We thank you Almighty God, for all that we have received, you who live and reign for ever and ever. Amen.

V. Let us bless the Lord

R. Thanks be to God.

V. May the souls of our faithful departed through the mercy of God rest in peace. Amen.

## PRAYER TO THE HOLY SPIRIT

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

R. **And you shall renew the face of the earth.**

*Let us pray.*

O God, who has taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of the same Spirit we may be always truly wise and ever rejoice in his consolation, through Christ our Lord. Amen.

## FOR THE DEAD

Eternal rest grant to them, O Lord.

And let perpetual light shine upon them.

May they rest in peace. Amen.

V. O Lord hear my prayer.

R. **And let my cry come to you.**

*Let us pray.*

O God, the creator and redeemer of all the faithful, grant to the souls of your departed servants the remission of all their sins, that through our pious supplications they may obtain that pardon which they have always desired. Who lives and reigns for ever and ever. Amen.

# Morning Prayers

## I ADORE YOU, MY GOD

I adore you, my God, and I love you with all my heart. I thank you for having created me, made me a Christian, and kept me this night.

I offer you my actions of this day, grant that they all may be according to your holy will and for your greater glory. Keep me from sin and all evil.

May your grace be always with me and with all my dear ones. Amen.

*The Angelus, Our Father, Hail Mary, Glory be to the Father, I believe, Hail Holy Queen, O Angel of God, Eternal rest.*

## MORNING OFFERING

Divine Heart of Jesus, through the Immaculate Heart of Mary, Mother of the Church, and in union with the Eucharistic sacrifice, I offer my prayers, actions, joys and sufferings of this day, in reparation for sins and for the salvation of all men and women.

# Night Prayers

O my God, I thank you for all the benefits which I have ever received from you, and especially this day. Give me light to see what sins I have committed, and grant me grace to be truly sorry for them.

*Here examine your conscience for the faults you have committed during the day.*

O my God, because you are so good, I am very sorry that I have sinned against you and by the help of your grace I will not sin again.

*Our Father, Hail Mary, Glory be to the Father, Angel of God, Eternal rest, Act of Faith, Act of Hope, Act of Charity.*

Into your hands, O Lord, I commend my spirit, Lord Jesus, receive my soul.

May the Blessed Mary, St Joseph, and all the Saints, pray for us to our Lord, that we may be preserved this night from sin and all evil. Amen.

The Lord bless us and keep us from all evil, and bring us to everlasting life.

May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Jesus, Mary and Joseph, I give you my heart and my soul.

Jesus, Mary and Joseph, assist me in my last agony.

Jesus, Mary and Joseph, may I breathe out my soul in peace with you.



# Holy Mass

## The Introductory Rites

When the people are gathered, the Priest approaches the altar with the ministers while the Entrance Chant is sung. When he has arrived at the altar, after making a profound bow with the ministers, the Priest venerates the altar with a kiss and, if appropriate, incenses the cross and the altar. Then, with the ministers, he goes to the chair. When the Entrance Chant is concluded, the Priest and the faithful, standing, sign themselves with the Sign of the Cross, while the Priest, facing the people, says:

**Priest:** In the name of the Father, and of the Son, and of the Holy Spirit.

**People:** Amen.

**Priest:** The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

**Or:** Grace to you and peace from God our Father and the Lord Jesus Christ.

**Or:** The Lord be with you.

**People:** And with your spirit.

---

In this first greeting a Bishop, instead of *The Lord be with you*, says: Peace be with you.

---

The Priest, or a Deacon, or another minister, may very briefly introduce the faithful to the Mass of the day.

## Penitential Act<sup>1</sup>

Then follows the Penitential Act, to which the Priest invites the faithful, saying:

Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

A brief pause for silence follows. Then all recite together the formula of general confession:

**I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed  
to do,**

And, striking their breast, they say:

**through my fault, through my fault,  
through my most grievous fault;**

Then they continue:

**therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.**

**Priest:** May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

**People:** Amen.

---

<sup>1</sup> From time to time on Sundays, especially in Easter time, instead of the customary Penitential Act, the blessing and sprinkling of water may take place as a reminder of Baptism.

---

**Or:**

Priest : Have mercy on us, O Lord.

People: **For we have sinned against you.**

Priest: Show us, O Lord, your mercy.

People: **And grant us your salvation.**

Priest: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

People: **Amen.**

---

**Or:** The Priest, or a Deacon or another minister, then says the following or other invocations with Kyrie, eleison (Lord, have mercy):

You were sent to heal the contrite of heart:

Lord, have mercy. Or: Kyrie, eleison.

People: **Lord, have mercy.** Or: **Kyrie, eleison.**

You came to call sinners:

Christ, have mercy. Or: Christe, eleison.

People: **Christ, have mercy.** Or: **Christe, eleison.**

You are seated at the right hand of the Father to intercede for us:

Lord, have mercy. Or: Kyrie, eleison.

People: **Lord, have mercy.** Or: **Kyrie, eleison.**

Priest: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

People: **Amen.**

---

**Or:**

### **The Kyrie, eleison**

The Kyrie, eleison (Lord, have mercy) invocations follow, unless they have just occurred in a formula of the Penitential Act.

V. Lord, have mercy. R. Lord, have mercy.

V. Christ, have mercy. R. Christ, have mercy.

V. Lord, have mercy. R. Lord, have mercy.

**Or:**

V. Kyrie, eleison. R. Kyrie, eleison.

V. Christe, eleison. R. Christe, eleison.

V. Kyrie, eleison. R. Kyrie, eleison.

### **The Gloria**

Then, when it is prescribed, this hymn is either sung or said:

**Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you, we bless you,  
we adore you, we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;**

you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.

### **Collect Prayer:**

Priest: Let us pray.

And all pray in silence with the Priest for a moment. Then the Priest says the Collect prayer, at the end of which the people acclaim: Amen.

## **The Liturgy of the Word**

### **First Reading**

Then the reader goes to the ambo and reads the first reading, while all sit and listen. To indicate the end of the reading, the reader acclaims:

The word of the Lord.  
All reply: **Thanks be to God.**

### **Responsorial Psalm**

The psalmist or cantor sings or says the Psalm, with the people making the response.

### **Second Reading**

After this, if there is to be a second reading, a reader reads it from the ambo, as above. To indicate the end of the reading, the reader acclaims:

The word of the Lord.  
All reply: **Thanks be to God.**

### **Gospel Acclamation and Gospel Reading**

Then all stand for the singing of the Alleluia or another chant laid down by the rubrics, as the liturgical time requires. Meanwhile, if incense is used, the Priest puts some into the thurible. The Deacon, or the Priest, then proceeds to the ambo, accompanied, if appropriate, by ministers with incense and candles. There he says:

The Lord be with you.

People: **And with your spirit.**

A reading from the holy Gospel according to N.

People: **Glory to you, O Lord.**

All make the Sign of the Cross on their forehead, lips, and breast. Then the Deacon, or the Priest, incenses the book, if incense is used, and proclaims the Gospel. At the end of the Gospel, the Deacon, or the Priest, acclaims:

The Gospel of the Lord.

All reply: **Praise to you, Lord Jesus Christ.**

### **The Homily**

Then all sit for the homily, which is to be preached by a Priest or Deacon on all Sundays and holy days of obligation; on other days, it is recommended.

### **The Profession of Faith**

At the end of the homily, after a moment of silence, all stand for the Symbol or Profession of Faith or Creed, when prescribed.

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;**

**through him all things were made.  
For us men and for our salvation  
he came down from heaven,**

At the words that follow, up to and including and became man, all bow.

**and by the Holy Spirit was incarnate  
of the Virgin Mary,  
and became man.**

**For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.**

**He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and  
glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and apostolic Church.  
I confess one baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.**

Instead of the Niceno-Constantinopolitan Creed, especially during Lent and Easter time, the baptismal Symbol of the Roman Church, known as the Apostles' Creed, may be used.

**I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,**  
At the words that follow, up to and including the Virgin Mary,  
all bow.  
**who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God  
the Father almighty;  
from there he will come to judge the living and  
the dead.**  
**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.**

### **The Prayer of the Faithful**

Then follows the Universal Prayer, that is, the Prayer of the Faithful  
or Bidding Prayers.

## **The Liturgy of the Eucharist**

When all this has been done, the Offertory Chant begins. Meanwhile, the ministers place the corporal, the purificator, the chalice, the pall, and the Missal on the altar. It is desirable that the faithful express their participation by making an offering, bringing forward bread and wine for the celebration of the Eucharist and perhaps other gifts to relieve the needs of the Church and of the poor.

The Priest, standing at the altar, takes the paten with the bread saying:

Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.

**People: Blessed be God for ever.**

The Deacon, or the Priest, pours wine and a little water into the chalice, then the priest takes the chalice, saying:

Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

**People: Blessed be God for ever.**

After this, the Priest, bowing profoundly, says quietly:

With humble spirit and contrite heart may we be accepted by you, O Lord, and may our sacrifice in your sight this day be pleasing to you, Lord God.

If appropriate, he also incenses the offerings, the cross, and the altar. A Deacon or other minister then incenses the Priest and the people. Then the Priest, standing at the side of the altar, washes his hands, saying quietly:

**Wash me, O Lord, from my iniquity and cleanse me from my sin.**

Standing at the middle of the altar, facing the people, he says:

**Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.**

The people rise and reply:

**May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

### **Prayer over the Offerings**

The Priest, with hands extended, says the Prayer over the Offerings, at the end of which the people acclaim: Amen.

## **THE EUCHARISTIC PRAYER**

Then the Priest begins the Eucharistic Prayer with the following dialogue.

**Priest:** The Lord be with you.

**People:** And with your spirit.

**Priest:** Lift up your hearts.

**People:** We lift them up to the Lord.

**Priest:** Let us give thanks to the Lord our God.

**People:** It is right and just.

The Priest, with hands extended, continues the Preface, indicated by the rubrics. He concludes the Preface by singing or saying aloud with the people:

**Holy, Holy, Holy Lord God of hosts.**

**Heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

### **Memorial Acclamation**

**Priest:** The mystery of faith.

**People:** We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.

**Or:** When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.

Or: Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.

## The Great Amen

At the end of the Eucharistic Prayer, the people acclaim:  
Amen.

Eucharistic Prayer I (The Roman Canon), *page 31*

Eucharistic Prayer II, *page 40*

Eucharistic Prayer III, *page 44*

Eucharistic Prayer IV, *page 49*

Eucharistic Prayer for Reconciliation I, *page 60*

Eucharistic Prayer for Reconciliation II, *page 65*

Eucharistic Prayer for Use in Masses for Various Needs

1. The Church on the Path of Unity, *page 69*
2. God Guides His Church along the Way of  
Salvation, *page 74*

During the Eucharistic Prayer, in harmony with the directives of the diocesan Bishop or the Bishops' Conference, the People kneel after the *Sanctus* (*Holy, Holy, Holy*) until the end of the Eucharistic Prayer (or at least during the Consecration), except when prevented on occasion by ill health, or for reasons of lack of space, or of the large number of people present, or for another reasonable cause. However, those who do not kneel ought to make a profound bow when the Priest genuflects after the Consecration.

## PREFACE OF THE SUNDAYS IN ORDINARY TIME The Mystery of Salvation

The following Preface is said on Sundays in Ordinary Time.

V. The Lord be with you.

R. And with your spirit.

V. Lift up your hearts.

R. We lift them up to the Lord.

V. Let us give thanks to the Lord our God.

R. It is right and just.

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God, through Christ our Lord.

For out of compassion for the waywardness that is ours, he humbled himself and was born of the Virgin; by the passion of the Cross, he freed us from unending death, and by rising from the dead, he gave us life eternal.

And so, with Angels and Archangels, with Thrones and Dominions, and with all the hosts and Powers of heaven, as we sing the hymn of your glory without end we acclaim:

Holy, Holy, Holy Lord God of hosts . . .

## COMMON PREFACE I

The renewal of all things in Christ

The following Preface is said in Masses that have no proper Preface, and for which a Preface related to a specific liturgical time is not indicated.

V. The Lord be with you.

R. **And with your spirit.**

V. Lift up your hearts.

R. **We lift them up to the Lord.**

V. Let us give thanks to the Lord our God.

R. **It is right and just.**

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God, through Christ our Lord.

In him you have been pleased to renew all things, giving us all a share in his fullness. For though he was in the form of God, he emptied himself and by the blood of his Cross brought peace to all creation. Therefore he has been exalted above all things, and to all who obey him, has become the source of eternal salvation.

And so, with Angels and Archangels, with Thrones and Dominions, and with all the hosts and Powers of heaven, as we sing the hymn of your glory without end we acclaim:

**Holy, Holy, Holy Lord God of hosts . . .**

## EUCCHARISTIC PRAYER I

(THE ROMAN CANON)

V. The Lord be with you.

R. **And with your spirit.**

V. Lift up your hearts.

R. **We lift them up to the Lord.**

V. Let us give thanks to the Lord our God.

R. **It is right and just.**

There follows the Preface indicated by the rubrics, which concludes:

**Holy, Holy, Holy Lord God of hosts.**

**Heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*Prayer for the Church*

To you, therefore, most merciful Father, we make humble prayer and petition through Jesus Christ, your Son, our Lord: that you accept and bless ☩ these gifts, these offerings, these holy and unblemished sacrifices, which we offer you firstly for your holy catholic Church. Be pleased to grant her peace, to guard, unite and govern her throughout the whole world, together



with your servant N. our Pope and N. our Bishop,<sup>2</sup> and all those who, holding to the truth, hand on the catholic and apostolic faith.

### *Commemoration of the Living*

Remember, Lord, your servants N. and N. and all gathered here, whose faith and devotion are known to you. For them, we offer you this sacrifice of praise or they offer it for themselves and all who are dear to them, for the redemption of their souls, in hope of health and well-being, and paying their homage to you, the eternal God, living and true.

### *The Intercession of the Saints*

In communion with those whose memory we venerate, especially the glorious ever-Virgin Mary, Mother of our God and Lord, Jesus Christ, † and blessed Joseph, her Spouse, your blessed Apostles and Martyrs, Peter and Paul, Andrew, (James, John, Thomas, James, Philip, Bartholomew, Matthew, Simon and Jude, Linus, Cletus, Clement, Sixtus, Cornelius, Cyprian, Lawrence, Chrysogonus, John and Paul, Cosmas and Damian) and all your Saints: we ask that through their merits and prayers, in all things we may be defended by your protecting help. (Through Christ our Lord. Amen.)

<sup>2</sup> Mention may be made here of the Coadjutor Bishop, or Auxiliary Bishops, as noted in the *General Instruction of the Roman Missal*, n. 149.

---

## PROPER FORMS OF THE *COMMUNICANTES*

---

### **On the Nativity of the Lord and throughout the Octave**

Celebrating the most sacred night (day)  
when blessed Mary the immaculate Virgin  
brought forth the Saviour for this world,  
and in communion with those whose memory  
we venerate,  
especially the glorious ever-Virgin Mary,  
Mother of our God and Lord, Jesus Christ, †

### **On the Epiphany of the Lord**

Celebrating the most sacred day  
on which your Only Begotten Son,  
eternal with you in your glory,  
appeared in a human body, truly sharing our flesh,  
and in communion with those whose memory  
we venerate,  
especially the glorious ever-Virgin Mary,  
Mother of our God and Lord, Jesus Christ, †

### **From the Mass of the Paschal Vigil until the Second Sunday of Easter**

Celebrating the most sacred night (day)  
of the Resurrection of our Lord Jesus Christ in the flesh,  
and in communion with those whose memory we venerate,

especially the glorious ever-Virgin Mary,  
Mother of our God and Lord, Jesus Christ, †

### **On the Ascension of the Lord**

Celebrating the most sacred day  
on which your Only Begotten Son, our Lord,  
placed at the right hand of your glory  
our weak human nature,  
which he had united to himself,  
and in communion with those whose memory we venerate,  
especially the glorious ever-Virgin Mary,  
Mother of our God and Lord, Jesus Christ, †

### **On Pentecost Sunday**

Celebrating the most sacred day of Pentecost,  
on which the Holy Spirit  
appeared to the Apostles in tongues of fire,  
and in communion with those whose memory we venerate,  
especially the glorious ever-Virgin Mary,  
Mother of our God and Lord, Jesus Christ, †

---

#### *The Offering*

Therefore, Lord, we pray: graciously accept this oblation  
of our service, that of your whole family; order our days  
in your peace, and command that we be delivered from  
eternal damnation and counted among the flock of those  
you have chosen. (Through Christ our Lord. Amen.)

---

### **Thursday of the Lord's Supper – Evening Mass**

Therefore, Lord, we pray: graciously accept this oblation  
of our service, that of your whole family; which we make  
to you as we observe the day on which our Lord Jesus  
Christ handed on the mysteries of his Body and Blood for  
his disciples to celebrate; order our days in your peace,  
and command that we be delivered from eternal damna-  
tion and counted among the flock of those you have cho-  
sen. (Through Christ our Lord. Amen.)

### **From the Mass of the Paschal Vigil until the Second Sunday of Easter**

Therefore, Lord, we pray: graciously accept this oblation  
of our service, that of your whole family, which we make  
to you also for those to whom you have been pleased to  
give the new birth of water and the Holy Spirit, granting  
them forgiveness of all their sins: order our days in your  
peace, and command that we be delivered from eternal  
damnation and counted among the flock of those you  
have chosen. (Through Christ our Lord. Amen.)

---

#### *Invocation of the Holy Spirit for Consecration*

Be pleased, O God, we pray, to bless, acknowledge,  
and approve this offering in every respect; make it  
spiritual and acceptable, so that it may become for us  
the Body and Blood of your most beloved Son, our  
Lord Jesus Christ.

*The Institution Narrative and Consecration*

On the day before he was to suffer,

(On Thursday of the Lord's Supper – Evening Mass: for our salvation and the salvation of all, that is today,)

he took bread in his holy and venerable hands, and with eyes raised to heaven to you, O God, his almighty Father, giving you thanks he said the blessing, broke the bread and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended, he took this precious chalice in his holy and venerable hands, and once more giving you thanks, he said the blessing and gave the chalice to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE POURED OUT FOR YOU AND FOR  
MANY  
FOR THE FORGIVENESS OF SINS.  
DO THIS IN MEMORY OF ME.

**Memorial Acclamation**

Priest: The mystery of faith.

People: **We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

Or: **When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.**

Or: **Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

*The Memorial of the Paschal Mystery*

Therefore, O Lord, as we celebrate the memorial of the blessed Passion, the Resurrection from the dead, and the glorious Ascension into heaven of Christ, your Son, our Lord, we, your servants and your holy people, offer to your glorious majesty from the gifts that you have given us, this pure victim, this holy victim, this spotless victim, the holy Bread of eternal life and the Chalice of everlasting salvation.

*The Offering and Invocation of the Holy Spirit for Communion*

Be pleased to look upon these offerings with a serene and kindly countenance, and to accept them, as once you were pleased to accept the gifts of your servant

Abel, the just, the sacrifice of Abraham, our father in faith, and the offering of your high priest Melchizedek, a holy sacrifice, a spotless victim.

In humble prayer we ask you, almighty God: command that these gifts be borne by the hands of your holy Angel to your altar on high in the sight of your divine majesty, so that all of us who through this participation at the altar receive the most holy Body and Blood of your Son, may be filled with every grace and heavenly blessing. (Through Christ our Lord. Amen.)

#### *Commemoration of the Dead*

Remember also, Lord, your servants N. and N., who have gone before us with the sign of faith and rest in the sleep of peace. Grant them, O Lord, we pray, and all who sleep in Christ, a place of refreshment, light and peace. (Through Christ our Lord. Amen.)

#### *Prayer for the Servants of the Church*

To us, also, your servants, who, though sinners, hope in your abundant mercies, graciously grant some share and fellowship with your holy Apostles and Martyrs: with John the Baptist, Stephen, Matthias, Barnabas, (Ignatius, Alexander, Marcellinus, Peter, Felicity, Perpetua, Agatha, Lucy, Agnes, Cecilia, Anastasia) and all your Saints: admit us, we beseech you, into their company, not weighing our merits, but granting us your pardon, through Christ our Lord. Through whom you continue to make all these good things, O Lord;

you sanctify them, fill them with life, bless them, and bestow them upon us.

#### *The Doxology and Great Amen*

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

The people acclaim: **Amen.**

Then follows the Communion Rite, p. 54.

## EUCCHARISTIC PRAYER II

Although it is provided with its own Preface, this Eucharistic Prayer may also be used with other Prefaces, especially those that present an overall view of the mystery of salvation, such as the Common Prefaces.

V. The Lord be with you.

R. **And with your spirit.**

V. Lift up your hearts.

R. **We lift them up to the Lord.**

V. Let us give thanks to the Lord our God.

R. **It is right and just.**

It is truly right and just, our duty and salvation, always and everywhere to give you thanks, Father most holy, through your beloved Son, Jesus Christ, your Word through whom you made all things, whom you sent as our Saviour and Redeemer, incarnate by the Holy Spirit and born of the Virgin. Fulfilling your will and gaining for you a holy people, he stretched out his hands as he endured his Passion, so as to break the bonds of death and manifest the resurrection. And so, with the Angels and all the Saints we declare your glory, as with one voice we acclaim:

**Holy, Holy, Holy Lord God of hosts.**

**Heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

You are indeed Holy, O Lord, the fount of all holiness.

### *Invocation of the Holy Spirit for Consecration*

Make holy, therefore, these gifts, we pray, by sending down your Spirit upon them like the dewfall, so that they may become for us the Body and ✠ Blood of our Lord, Jesus Christ.

### *Institution Narrative and Consecration*

At the time he was betrayed and entered willingly into his Passion, he took bread and, giving thanks, broke it, and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended, he took the chalice and, once more giving thanks, he gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE POURED OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

### **Memorial Acclamation**

Priest: The mystery of faith.

People: **We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

Or: **When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.**

Or: **Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

### *Memorial of the Paschal Mystery*

Therefore, as we celebrate the memorial of his Death and Resurrection, we offer you, Lord, the Bread of life and the Chalice of salvation, giving thanks that you have held us worthy to be in your presence and minister to you.

### *Invocation of the Holy Spirit for Communion*

Humbly we pray that, partaking of the Body and Blood of Christ, we may be gathered into one by the Holy Spirit.

### *Intercessions for the living*

Remember, Lord, your Church, spread throughout the world, and bring her to the fullness of charity, together with N. our Pope and N. our Bishop<sup>3</sup> and all the clergy.

<sup>3</sup> Mention may be made here of the Coadjutor Bishop, or Auxiliary Bishops, as noted in the *General Instruction of the Roman Missal*, n. 149.

*In Masses for the Dead, the following may be added:*

Remember your servant N., whom you have called (today) from this world to yourself. Grant that he (she) who was united with your Son in a death like his, may also be one with him in his Resurrection.

---

### *Intercessions for the Dead*

Remember also our brothers and sisters who have fallen asleep in the hope of the resurrection, and all who have died in your mercy: welcome them into the light of your face.

### *In Communion with the Saints in Heaven*

Have mercy on us all, we pray, that with the blessed Virgin Mary, Mother of God, with the blessed Apostles, and all the Saints who have pleased you throughout the ages, we may merit to be co-heirs to eternal life, and may praise and glorify you through your Son, Jesus Christ.

### *Doxology and Great Amen*

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

The people acclaim: **Amen.**

Then follows the Communion Rite, p. 54.

### EUCCHARISTIC PRAYER III

- V. The Lord be with you.  
R. **And with your spirit.**  
V. Lift up your hearts.  
R. **We lift them up to the Lord.**  
V. Let us give thanks to the Lord our God.  
R. **It is right and just.**

Then follows the Preface to be used in accord with the rubrics, which concludes:

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

#### *Praise to the Father*

You are indeed Holy, O Lord, and all you have created rightly gives you praise, for through your Son our Lord Jesus Christ, by the power and working of the Holy Spirit, you give life to all things and make them holy, and you never cease to gather a people to yourself, so that from the rising of the sun to its setting a pure sacrifice may be offered to your name.

#### *Invocation of the Holy Spirit for Consecration*

Therefore, O Lord, we humbly implore you: by the same Spirit graciously make holy these gifts we have brought to you for consecration, that they may be-

come the Body and ✠ Blood of your Son our Lord Jesus Christ, at whose command we celebrate these mysteries.

#### *Institution Narrative and Consecration*

For on the night he was betrayed he himself took bread, and giving you thanks he said the blessing, broke the bread and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended, he took the chalice, and giving you thanks he said the blessing, and gave the chalice to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE POURED OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

#### **Memorial Acclamation**

Priest: The mystery of faith.

**People: We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

**Or: When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.**

**Or: Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

*Memorial of the Paschal Mystery and Offering*

Therefore, O Lord, as we celebrate the memorial of the saving Passion of your Son, his wondrous Resurrection and Ascension into heaven, and as we look forward to his second coming, we offer you in thanksgiving this holy and living sacrifice.

*Invocation of the Holy Spirit for Consecration*

Look, we pray, upon the oblation of your Church and, recognising the sacrificial Victim by whose death you willed to reconcile us to yourself, grant that we, who are nourished by the Body and Blood of your Son and filled with his Holy Spirit, may become one body, one spirit in Christ.

*Prayer for the Assembly*

May he make of us an eternal offering to you, so that we may obtain an inheritance with your elect, especially with the most Blessed Virgin Mary, Mother of

God, with your blessed Apostles and glorious Martyrs (with Saint N.: the Saint of the day or Patron Saint) and with all the Saints, on whose constant intercession in your presence we rely for unfailing help.

*Prayer for the Church and the World*

May this Sacrifice of our reconciliation, we pray, O Lord, advance the peace and salvation of all the world. Be pleased to confirm in faith and charity your pilgrim Church on earth, with your servant N. our Pope and N. our Bishop, the Order of Bishops, all the clergy, and the entire people you have gained for your own. Listen graciously to the prayers of this family, whom you have summoned before you: in your compassion, O merciful Father, gather to yourself all your children scattered throughout the world.

*Intercessions for the Dead*

To our departed brothers and sisters and to all who were pleasing to you at their passing from this life, give kind admittance to your kingdom. There we hope to enjoy for ever the fullness of your glory through Christ our Lord, through whom you bestow on the world all that is good.

*The Doxology and the Great Amen*

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.



The people acclaim: Amen.

Then follows the Communion Rite, p. 54.

---

When this Eucharistic Prayer is used in Masses for the Dead, the following may be said:

Remember your servant N. whom you have called (today) from this world to yourself. Grant that he (she) who was united with your Son in a death like his, may also be one with him in his Resurrection, when from the earth he will raise up in the flesh those who have died, and transform our lowly body after the pattern of his own glorious body. To our departed brothers and sisters, too, and to all who were pleasing to you at their passing from this life, give kind admittance to your kingdom. There we hope to enjoy for ever the fullness of your glory, when you will wipe away every tear from our eyes. For seeing you, our God, as you are, we shall be like you for all the ages and praise you without end, through Christ our Lord, through whom you bestow on the world all that is good.

---

## EUCCHARISTIC PRAYER IV

It is not permitted to change the Preface of this Eucharistic Prayer because of the structure of the Prayer itself, which presents a summary of the history of salvation.

V. The Lord be with you.

R. And with your spirit.

V. Lift up your hearts.

R. We lift them up to the Lord.

V. Let us give thanks to the Lord our God.

R. It is right and just.

*Thanksgiving to God, the Creator*

It is truly right to give you thanks, truly just to give you glory, Father most holy, for you are the one God living and true, existing before all ages and abiding for all eternity, dwelling in unapproachable light; yet you, who alone are good, the source of life, have made all that is, so that you might fill your creatures with blessings and bring joy to many of them by the glory of your light. And so, in your presence are countless hosts of Angels, who serve you day and night and, gazing upon the glory of your face, glorify you without ceasing. With them we, too, confess your name in exultation, giving voice to every creature under heaven as we acclaim:

**Holy, Holy, Holy Lord God of hosts.**

**Heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

### *Praise to God for the gift of Redemption*

We give you praise, Father most holy, for you are great, and you have fashioned all your works in wisdom and in love. You formed man in your own image and entrusted the whole world to his care, so that in serving you alone, the Creator, he might have dominion over all creatures. And when through disobedience he had lost your friendship, you did not abandon him to the domain of death. For you came in mercy to the aid of all, so that those who seek, might find you. Time and again you offered them covenants and through the prophets taught them to look forward to salvation.

And you so loved the world, Father most holy, that in the fullness of time you sent your Only Begotten Son to be our Saviour. Made incarnate by the Holy Spirit and born of the Virgin Mary, he shared our human nature in all things but sin. To the poor he proclaimed the good news of salvation, to prisoners, freedom, and to the sorrowful of heart, joy. To accomplish your plan, he gave himself up to death, and, rising from the dead, he destroyed death and restored life. And that we might live no longer for ourselves but for him who died and rose again for us, he sent the Holy Spirit from you, Father, as the first fruits for those who believe, so that, bringing to perfection his work in the world, he might sanctify creation to the full.

### *Invocation of the Holy Spirit for Consecration*

Therefore, O Lord, we pray: may this same Holy Spirit graciously sanctify these offerings, that they may become the Body and ✠ Blood of our Lord Jesus Christ for the celebration of this great mystery, which he himself left us as an eternal covenant.

### *Institution Narrative and Consecration*

For when the hour had come for him to be glorified by you, Father most holy, having loved his own who were in the world, he loved them to the end: and while they were at supper, he took bread, blessed and broke it, and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, taking the chalice filled with the fruit of the vine, he gave thanks, and gave the chalice to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE POURED OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.  
DO THIS IN MEMORY OF ME.

## Memorial Acclamation

Priest: The mystery of faith.

People: **We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

Or: **When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.**

Or: **Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

### *Memorial of the Paschal Mystery and Offering*

Therefore, O Lord, as we now celebrate the memorial of our redemption, we remember Christ's death and his descent to the realm of the dead; we proclaim his Resurrection and his Ascension to your right hand; and as we await his coming in glory, we offer you his Body and Blood, the sacrifice acceptable to you which brings salvation to the whole world.

### *Invocation of the Holy Spirit for Communion*

Look, O Lord, upon the Sacrifice which you yourself have provided for your Church, and grant in your loving kindness to all who partake of this one Bread and one Chalice that, gathered into one body by the Holy Spirit, they may truly become a living sacrifice in Christ to the praise of your glory.

### *Intercessions for the Living and the Dead*

Therefore, Lord, remember now all for whom we offer this sacrifice: especially your servant, N. our Pope, N. our Bishop,<sup>4</sup> and the whole Order of Bishops, all the clergy, those who take part in this offering, those gathered here before you, your entire people, and all who seek you with a sincere heart. Remember also those who have died in the peace of your Christ and all the dead, whose faith you alone have known.

### *Prayer for the Assembly*

To all of us, your children, grant, O merciful Father, that we may enter into a heavenly inheritance with the blessed Virgin Mary, Mother of God, and with your Apostles and Saints in your kingdom. There, with the whole of creation, freed from the corruption of sin and death, may we glorify you through Christ our Lord, through whom you bestow on the world all that is good.

### *The Doxology and Great Amen*

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

The people acclaim: **Amen.**

Then follows the Communion Rite, p. 54.

<sup>4</sup> Mention may be made here of the Coadjutor Bishop, or Auxiliary Bishops, as noted in the *General Instruction of the Roman Missal*, n. 149.

## The Communion Rite

The people rise for the Communion Rite.

**Priest:** At the Saviour's command and formed by divine teaching, we dare to say:

The priest together with the people say:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

**Priest:** Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

The people conclude the prayer, acclaiming:

**For the kingdom,  
the power and the glory are yours now and  
for ever.**

**Priest:** Lord Jesus Christ, who said to your Apostles, Peace I leave you, my peace I give you,

look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

**People: Amen.**

**Priest:** The peace of the Lord be with you always.

**People: And with your spirit.**

Then, if appropriate, the Deacon, or the Priest, adds:

**Let us offer each other the sign of peace.**

And all offer one another a sign, in keeping with local customs, that expresses peace, communion, and charity. The Priest gives the sign of peace to a Deacon or minister.

Then he takes the host, breaks it over the paten, and places a small piece in the chalice, saying quietly:

**May this mingling of the Body and Blood of our Lord Jesus Christ bring eternal life to us who receive it.**

Meanwhile the following is sung or said:

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
grant us peace.**

The invocation may even be repeated several times if the fraction is prolonged. Only the final time, however, is "grant us peace" said.

Then the Priest prepares himself for communion by a prayer, said quietly. The faithful do the same, praying silently.

Lord Jesus Christ, Son of the living God, who by the will of the Father and the work of the Holy Spirit, through your Death gave life to the world; free me by this, your most holy Body and Blood, from all my sins and from every evil; keep me always faithful to your commandments, and never let me be parted from you.

Or: May the receiving of your Body and Blood, Lord Jesus Christ, not bring me to judgment and condemnation, but through your loving mercy be for me protection in mind and body, and a healing remedy.

The Priest genuflects, takes the host and, holding it slightly raised above the paten or above the chalice, while facing the people, says aloud:

Behold the Lamb of God, behold him who takes away the sins of the world.

Blessed are those called to the supper of the Lamb.

And together with the people he adds once:

**Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

The Priest reverently consumes the Body and Blood of Christ.

While the Priest is receiving the Body of Christ, the Communion Chant begins.

The Priest takes the paten or ciborium and approaches the communicants. He raises a host slightly and shows it to each of the communicants, saying:

The Body of Christ.

The communicant replies: **Amen.** And receives Holy Communion.

If any are present who are to receive Holy Communion under both kinds, the proper rite is to be followed.

After Communion, the Priest may return to the chair. If appropriate, a sacred silence may be observed for a while, or a psalm or other canticle of praise or a hymn may be sung.

Then all rise, and the Priest, standing at the altar or at the chair, says the Prayer after Communion.

### Prayer after Communion

Priest: Let us pray.

All pray in silence with the Priest for a while, unless silence has just been observed. Then the Priest, with hands extended, says the Prayer after Communion, at the end of which the people acclaim: **Amen.**

## The Concluding Rites

If they are necessary, any brief announcements to the people follow here.

Then the Blessing takes place. The Priest, facing the people and extending his hands, says:

Priest: The Lord be with you.

People: **And with your spirit.**

The Priest blesses the people, saying:

Priest: May almighty God bless you: the Father, and the Son, ✠ and the Holy Spirit.

People: **Amen.**

---

On certain days or occasions, this formula of blessing is preceded, in accordance with the rubrics, by another more solemn formula of blessing or by a prayer over the people.

---

In a Pontifical Mass, the celebrant receives the mitre and, extending his hands, says:

The celebrant says: The Lord be with you.

All reply: **And with your spirit.**

The celebrant says: Blessed be the name of the Lord.

All reply: **Now and for ever.**

The celebrant says: Our help is in the name of the Lord.

All reply: **Who made heaven and earth.**

Then the celebrant receives the pastoral staff, if he uses it, and says:  
May almighty God bless you,  
the Father, ✠ and the Son, ✠ and the Holy ✠ Spirit.

All: **Amen.**

---

Then the Deacon, or the Priest himself, with hands joined and facing the people, says:

Go forth, the Mass is ended.

Or: Go and announce the Gospel of the Lord.

Or: Go in peace, glorifying the Lord by your life.

Or: Go in peace.

People: **Thanks be to God.**

Then the Priest venerates the altar as usual with a kiss, as at the beginning. After making a profound bow with the ministers, he withdraws.

If any liturgical action follows immediately, the rites of dismissal are omitted.

## EUCCHARISTIC PRAYERS FOR RECONCILIATION

The Eucharistic Prayers for Reconciliation may be used in Masses in which the mystery of reconciliation is conveyed to the faithful in a special way, as, for example, in the Masses for Promoting Harmony, For Reconciliation, For the Preservation of Peace and Justice, In Time of War or Civil Disturbance, For the Forgiveness of Sins, For Charity, of the Mystery of the Holy Cross, of the Most Holy Eucharist, of the Most Precious Blood of our Lord Jesus Christ, as well as in Masses during Lent. Although these Eucharistic Prayers have been provided with a proper Preface, they may also be used with other Prefaces that refer to penance and conversion, as, for example, the Prefaces of Lent.

### I

V. The Lord be with you.

R. And with your spirit.

V. Lift up your hearts.

R. We lift them up to the Lord.

V. Let us give thanks to the Lord our God.

R. It is right and just.

*Thanksgiving for the Gift of God's Grace and Mercy*

It is truly right and just that we should always give you thanks, Lord, holy Father, almighty and eternal God. For you do not cease to spur us on to possess a more abundant life and, being rich in mercy, you constantly offer pardon and call on sinners to trust in your for-

giveness alone. Never did you turn away from us, and, though time and again we have broken your covenant, you have bound the human family to yourself through Jesus your Son, our Redeemer, with a new bond of love so tight that it can never be undone. Even now you set before your people a time of grace and reconciliation, and as they turn back to you in spirit you grant them hope in Christ Jesus and a desire to be of service to all, while they entrust themselves more fully to the Holy Spirit.

And so, filled with wonder, we extol the power of your love, and, proclaiming our joy at the salvation that comes from you, we join in the heavenly hymn of countless hosts as without end we acclaim:

**Holy, Holy, Holy Lord God of hosts.**

**Heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

You are indeed Holy, O Lord, and from the world's beginning are ceaselessly at work, so that the human race may become holy, just as you yourself are holy.

*Invocation of the Holy Spirit for Consecration*

Look, we pray, upon your people's offerings and pour out on them the power of your Spirit, that they may become the Body and Blood of your beloved Son, Jesus Christ, in whom we, too, are your sons and daughters.

### *Institution Narrative and Consecration*

Indeed, though we once were lost and could not approach you, you loved us with the greatest love: for your Son, who alone is just, handed himself over to death, and did not disdain to be nailed for our sake to the wood of the Cross. But before his arms were outstretched between heaven and earth, to become the lasting sign of your covenant, he desired to celebrate the Passover with his disciples.

As he ate with them, he took bread and giving you thanks, he said the blessing, broke the bread and gave it to them, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

Similarly, when supper was ended, knowing that he was about to reconcile all things in himself through his Blood to be shed on the Cross, he took the chalice, filled with the fruit of the vine, and once more giving you thanks, handed the chalice to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT;  
IT WILL BE POURED OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.  
DO THIS IN MEMORY OF ME.

### **Memorial Acclamation**

Priest: The mystery of faith.

People: **We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

Or: **When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.**

Or: **Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

### *Memorial of the Paschal Mystery and Offering*

Therefore, as we celebrate the memorial of your Son Jesus Christ, who is our Passover and our surest peace, we celebrate his Death and Resurrection from the dead, and looking forward to his blessed Coming, we offer you, who are our faithful and merciful God, this sacrificial Victim who reconciles to you the human race.

### *Invocation of the Holy Spirit for Communion*

Look kindly, most compassionate Father, on those you unite to yourself by the Sacrifice of your Son, and grant that, by the power of the Holy Spirit, as they partake of this one Bread and one Chalice, they may be gathered into one Body, in Christ, who heals every division.



*Intercessions for the Church*

Be pleased to keep us always in communion of mind and heart, together with N. our Pope and N. our Bishop. Help us to work together for the coming of your Kingdom, until the hour when we stand before you, Saints among the Saints in the halls of heaven, with the Blessed Virgin Mary, Mother of God, the blessed Apostles and all the Saints, and with our deceased brothers and sisters, whom we humbly commend to your mercy. Then, freed at last from the wound of corruption and made fully into a new creation, we shall sing to you with gladness the thanksgiving of Christ, who lives for all eternity.

*Doxology and Great Amen*

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

The people acclaim: **Amen.**

Then follows the Communion Rite, p. 54.

EUCCHARISTIC PRAYER  
FOR RECONCILIATION

II

V. The Lord be with you.

R. **And with your spirit.**

V. Lift up your hearts.

R. **We lift them up to the Lord.**

V. Let us give thanks to the Lord our God.

R. **It is right and just.**

*Thanksgiving for the Action of the Spirit*

It is truly right and just that we should give you thanks and praise, O God, almighty Father, for all you do in this world, through our Lord Jesus Christ.

For though the human race is divided by dissension and discord, yet we know that by testing us, you change our hearts to prepare them for reconciliation. Even more, by your Spirit you move human hearts that enemies may speak to each other again, adversaries may join hands, and peoples seek to meet together. By the working of your power it comes about, O Lord, that hatred is overcome by love, revenge gives way to forgiveness, and discord is changed to mutual respect. Therefore, as we give you ceaseless thanks with the choirs of heaven, we cry out to your majesty on earth and without end we acclaim:

**Holy, Holy, Holy Lord God of hosts.**

**Heaven and earth are full of your glory.**

**Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*The Gift of Reconciliation in Christ*

You, therefore, almighty Father, we bless through Jesus Christ your Son, who comes in your name. He himself is the Word that brings salvation, the hand you extend to sinners, the way by which your peace is offered to us. When we ourselves had turned away from you on account of our sins, you brought us back to be reconciled, O Lord, so that, converted at last to you, we might love one another through your Son, whom for our sake you handed over to death.

*Invocation of the Holy Spirit for Consecration*

And now, celebrating the reconciliation Christ has brought us, we entreat you: sanctify these gifts by the outpouring of your Spirit, that they may become the Body and ☩ Blood of your Son, whose command we fulfil when we celebrate these mysteries.

*Institution Narrative and Consecration*

For when about to give his life to set us free, as he reclined at supper, he himself took bread into his hands, and giving you thanks, he said the blessing, broke the bread and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, on that same evening, he took the chalice of blessing in his hands, confessing your mercy, and gave the chalice to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT;  
IT WILL BE POURED OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

**Memorial Acclamation**

Priest: The mystery of faith.

People: **We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

Or: **When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.**

Or: **Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

*Memorial of the Paschal Mystery, Offering and prayer  
for Communion*

Celebrating, therefore, the memorial of the Death and Resurrection of your Son, who left us this pledge of

his love, we offer you what you have bestowed on us, the Sacrifice of perfect reconciliation.

Holy Father, we humbly beseech you to accept us also, together with your Son, and in this saving banquet graciously to endow us with his very Spirit, who takes away everything that estranges us from one another.

*Intercessions for the Church on earth and in heaven*

May he make your Church a sign of unity and an instrument of your peace among all people and may he keep us in communion with N. our Pope and N. our Bishop\* and all the Bishops and your entire people.

Just as you have gathered us now at the table of your Son, so also bring us together, with the glorious Virgin Mary, Mother of God, with your blessed Apostles and all the Saints, with our brothers and sisters and those of every race and tongue who have died in your friendship. Lead us and them to the unending banquet of unity in a new heaven and a new earth, where the fullness of your peace will shine forth in Christ Jesus our Lord.

*Doxology and Great Amen*

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

The people continue: **Amen.**

Then follows the Communion Rite, p. 54.

EUCCHARISTIC PRAYER FOR USE IN  
MASSES FOR VARIOUS NEEDS

I

The Church on the Path of Unity

The following form of this Eucharistic Prayer is appropriately used with Mass formularies such as, For the Church, For the Pope, For the Bishop, For the Election of a Pope or a Bishop, For a Council or Synod, For Priests, For the Priest Himself, For Ministers of the Church, and For a Spiritual or Pastoral Gathering.

V. The Lord be with you.

R. **And with your spirit.**

V. Lift up your hearts.

R. **We lift them up to the Lord.**

V. Let us give thanks to the Lord our God.

R. **It is right and just.**

*Thanksgiving for Jesus Christ and the Church*

It is truly right and just to give you thanks and raise to you a hymn of glory and praise, O Lord, Father of infinite goodness. For by the word of your Son's Gospel you have brought together one Church from every people, tongue, and nation, and, having filled her with life by the power of your Spirit, you never cease through her to gather the whole human race into one. Manifesting the covenant of your love, she dispenses without ceasing the blessed hope of your King-

dom and shines bright as the sign of your faithfulness, which in Christ Jesus our Lord you promised would last for eternity. And so, with all the Powers of heaven, we worship you constantly on earth while with all the Church, as one voice we acclaim:

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

You are indeed Holy and to be glorified, O God, who love the human race, and who always walk with us on the journey of life. Blessed indeed is your Son, present in our midst when we are gathered by his love, and when, as once for the disciples, so now for us, he opens the Scriptures and breaks the bread.

*Invocation of the Holy Spirit for Consecration*

Therefore, Father most merciful, we ask that you send forth your Holy Spirit to sanctify these gifts of bread and wine, that they may become for us the Body and ✠ Blood of our Lord, Jesus Christ.

*Institution Narrative and Consecration*

On the day before he was to suffer, on the night of the Last Supper, he took bread and said the blessing, broke the bread and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended, he took the chalice, gave you thanks and gave the chalice to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT;  
IT WILL BE POURED OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

**Memorial Acclamation**

Priest: The mystery of faith.

People: **We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

Or: **When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.**

Or: **Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

*Memorial of the Paschal Mystery and offering*

Therefore, holy Father, as we celebrate the memorial of Christ your Son, our Saviour, whom you led through his Passion and Death on the Cross to the glory of the Resurrection, and whom you have seated at your right hand, we proclaim the work of your love until he comes again and we offer you the Bread of life and the Chalice of blessing.

*Prayer for Communion*

Look with favour on the oblation of your Church, in which we show forth the paschal Sacrifice of Christ that has been handed on to us, and grant that, by the power of the Spirit of your love, we may be counted now and until the day of eternity among the members of your Son, in whose Body and Blood we have communion.

*Intercessions for the Church*

Lord, renew your Church (which is in N.) by the light of the Gospel. Strengthen the bond of unity between the faithful and the pastors of your people, together with N. our Pope, N. our Bishop, and the whole Order of Bishops, that in a world torn by strife your people may shine forth as a prophetic sign of unity and concord.

*Intercessions for the Dead*

Remember our brothers and sisters (N. and N.), who have fallen asleep in the peace of your Christ, and all

the dead, whose faith you alone have known. Admit them to rejoice in the light of your face, and in the resurrection give them the fullness of life.

*Prayer for the Assembly*

Grant also to us, when our earthly pilgrimage is done, that we may come to an eternal dwelling-place and live with you for ever; there, in communion with the Blessed Virgin Mary, Mother of God, with the Apostles and Martyrs, (with Saint N.: the Saint of the day or Patron), and with all the Saints, we shall praise and exalt you through Jesus Christ, your Son.

*Doxology and Great Amen*

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

The people acclaim: **Amen.**

Then follows the Communion Rite, p. 54.

## II God Guides His Church along the Way of Salvation

The following form of this Eucharistic Prayer is appropriately used with Mass formularies such as, For the Church, For Vocations to Holy Orders, For the Laity, For the Family, For Religious, For Vocations to Religious Life, For Charity, For Relatives and Friends, and For Giving Thanks to God.

- V. The Lord be with you.  
R. **And with your spirit.**  
V. Lift up your hearts.  
R. **We lift them up to the Lord.**  
V. Let us give thanks to the Lord our God.  
R. **It is right and just.**

### *Thanksgiving to God Who Guides His Church*

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, creator of the world and source of all life. For you never forsake the works of your wisdom, but by your providence are even now at work in our midst. With mighty hand and outstretched arm you led your people Israel through the desert. Now, as your Church makes her pilgrim journey in the world, you always accompany her by the power of the Holy Spirit, and lead her along the paths of time to the eternal joy of your Kingdom, through Christ our Lord. And so, with

the Angels and Saints, we, too, sing the hymn of your glory as without end we acclaim:

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

You are indeed Holy and to be glorified, O God, who love the human race, and who always walk with us on the journey of life. Blessed indeed is your Son, present in our midst when we are gathered by his love and when, as once for the disciples, so now for us, he opens the Scriptures and breaks the bread.

### *Invocation of the Holy Spirit for Consecration*

Therefore, Father most merciful, we ask that you send forth your Holy Spirit to sanctify these gifts of bread and wine, that they may become for us the Body and  
✠ Blood of our Lord, Jesus Christ.

### *Institution Narrative and Consecration*

On the day before he was to suffer, on the night of the Last Supper, he took bread and said the blessing, broke the bread and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended, he took the chalice, gave you thanks and gave the chalice to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT;  
IT WILL BE POURED OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.  
DO THIS IN MEMORY OF ME.

### Memorial Acclamation

Priest: The mystery of faith.

People: We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.

Or: When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.

Or: Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.

### *Memorial of the Paschal Mystery and Offering*

Therefore, holy Father, as we celebrate the memorial of Christ your Son, our Saviour, whom you led through his Passion and Death on the Cross to the glory of

the Resurrection, and whom you have seated at your right hand, we proclaim the work of your love until he comes again and we offer you the Bread of life and the Chalice of blessing.

### *Prayer for Communion*

Look with favour on the oblation of your Church, in which we show forth the paschal Sacrifice of Christ that has been handed on to us, and grant that, by the power of the Spirit of your love, we may be counted now and until the day of eternity among the members of your Son, in whose Body and Blood we have communion.

### *Prayer for the Church*

And so, having called us to your table, Lord, confirm us in unity, so that, together with N. our Pope and N. our Bishop, with all Bishops, Priests and Deacons, and your entire people, as we walk your ways with faith and hope, we may strive to bring joy and trust into the world.

### *Prayer for the Dead*

Remember our brothers and sisters (N. and N.), who have fallen asleep in the peace of your Christ, and all the dead, whose faith you alone have known. Admit them to rejoice in the light of your face, and in the resurrection give them the fullness of life.

*Prayer for the Assembly*

Grant also to us, when our earthly pilgrimage is done, that we may come to an eternal dwelling-place and live with you for ever; there, in communion with the Blessed Virgin Mary, Mother of God, with the Apostles and Martyrs, (with Saint N.: the Saint of the day or Patron), and with all the Saints, we shall praise and exalt you through Jesus Christ, your Son.

*Doxology and Great Amen*

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

The people acclaim: **Amen.**

Then follows the Communion Rite, p. 54.

**PRAYER IN PREPARATION FOR MASS**

Almighty and ever-living God,  
I approach the sacrament of your only-begotten Son,  
our Lord Jesus Christ.  
I come sick to the doctor of life,  
unclean to the fountain of mercy,  
blind to the radiance of eternal light,  
and poor and needy to the Lord of heaven and earth.  
Lord, in your great generosity,  
heal my sickness, wash away my defilement,  
enlighten my blindness, enrich my poverty,  
and clothe my nakedness.

May I receive the bread of angels,  
the King of kings and Lord of lords,  
with humble reverence,  
with the purity of faith,  
the repentance and love, and the determined purpose  
that will help to bring me to salvation.  
May I receive the sacrament of the Lord's body and  
blood,  
and its reality and power.

Kind God,  
may I receive the body of your only-begotten Son,  
our Lord Jesus Christ,  
born from the womb of the Virgin Mary,  
and so be received into his mystical body,  
and numbered among his members.  
Loving Father,  
as on my earthly pilgrimage  
I now receive your beloved Son  
under the veil of a sacrament,  
may I one day see him face to face in glory,  
who lives and reigns with you for ever. Amen.  
(*Prayer of St Thomas Aquinas*)

**THANKSGIVING AFTER MASS**

Lord, Father all-powerful, and ever-living God,  
I thank you,  
for even though I am a sinner, your unprofitable servant,  
not because of my worth, but in the kindness of your  
mercy,



you have fed me  
 with the precious body and blood of your Son,  
 our Lord Jesus Christ.  
 I pray that this holy communion  
 may not bring me condemnation and punishment  
 but forgiveness and salvation.  
 May it be a helmet of faith  
 and a shield of good will.  
 May it purify me from evil ways  
 and put an end to my evil passions.  
 May it bring me charity and patience,  
 humility and obedience,  
 and growth in the power to do good.  
 May it be my strong defence  
 against all my enemies, visible and invisible,  
 and the perfect calming of all my evil impulses,  
 bodily and spiritual.  
 May it unite me more closely to you,  
 the one true God,  
 and lead me safely through death  
 the everlasting happiness with you.  
 And I pray that you will lead me, a sinner,  
 to the banquet where you,  
 with your Son and Holy Spirit,  
 are true and perfect light,  
 total fulfilment, everlasting joy,  
 gladness without end,  
 and perfect happiness to your saints.  
 Grant this through Christ our Lord.  
 Amen.

*(Prayer of St Thomas Aquinas)*

## Rite of Eucharistic Exposition and Benediction

### EXPOSITION

*After the people have assembled, a song may be sung while the priest comes to the altar.*

### ADORATION

*During exposition there should be prayers, songs and readings.*

### BENEDICTION

*After adoration and before the benediction the faithful sing the Tantum Ergo, or another Eucharistic song.*

1. Bowing low, then offer homage  
 To a sacrament so great.  
 Here is a new and perfect worship;  
 All the old must terminate.  
 Senses cannot grasp this marvel;  
 Faith must serve to compensate.
2. Praise and glorify the Father  
 Bless his Son's life giving name,  
 Singing their eternal Godhead  
 Power's majesty and fame,  
 Offering the Holy Spirit  
 Equal worship and acclaim. Amen.

*The priest says:*

Let us pray.

Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this Sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, one God, for ever and ever. Amen.

*The priest makes the sign of the cross in silence with the Blessed Sacrament.*

## REPOSITION

*Before returning the Blessed Sacrament to the tabernacle, the priest and the faithful may say:*

Blessed be God.

Blessed be his Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St Joseph, her spouse most chaste.

Blessed be God in his Angels and in his Saints.

# The Rite of the Sacrament of Reconciliation of Individual Penitents

*The Sacrament of reconciliation can be divided into five parts: examination of conscience, sorrow for sin, confession, the firm purpose of amendment, penance.*

## EXAMINATION OF CONSCIENCE

*Before approaching the priest, spend some time in prayer and recollection, trying to look at yourself from God's point of view. Here are some suggestions for a good examination of conscience.*

### MY LOVE FOR GOD

Does God have first place in my life? Or do I run after other gods, such as money, pleasure, power?

Do I trust in God in times of trouble, sickness, danger, or do I trust in superstition?

Do I pray to God daily to thank him for his gifts, praise him for his goodness, ask him to help me in my needs?

Do I stand up for my religious belief and for all that is just and truthful, or do I hide my faith out of fear?

Do I go to Mass on Sundays or do I miss it because of laziness or indifference?

## MY LOVE FOR THE HUMAN FAMILY

### My Family Life

Do I respect and obey my parents and elders or do I insult, disobey and ignore them?

Do I care for my children's health, education, spiritual life?

Do I give them good example, correct their faults, encourage them to do good? Or do I spend my money and my time away from home?

Do I cause suffering in my family by unjust punishment, unreasonable demands, bad example?

### My Married Life

Do I do all I can to be faithful to my partner, to grow in love, to forgive faults and defects?

Do I avoid occasions, places and people who are likely to break up my family life?

Do I try to achieve self-control, and to resist temptation?

Have I committed adultery, fornication, or have I engaged in sexual play with others or with myself?

Did I deliberately provoke sexual desires by reading indecent literature/frequenting bad company?

Have I been an occasion of sin to others by immodest dress, looks, words or behaviour?

### My Public Life

Do I respect legitimate civil authority?

Do I obey just laws and promote the common good, the cause of human rights?

Do I resist oppression, injustice and discrimination?

If I am in a position of authority, do I use it for the common good, or for my own benefit, by cheating, oppressing and injuring those under me?

### Other People's Lives

Do I believe that life is sacred because it is God's greatest gift?

Have I taken part in murder?

Have I co-operated in any way in performing abortion?

Have I inflicted physical injury on others? Have I caused death, injury, material loss by slander?

Do I hate or despise certain people?

Have I insulted others, caused scandal, or needlessly gossiped about my neighbour?

### Possessions

Have I honestly earned what I own?

Do I share what I own with those in need?

Have I stolen, cheated, defrauded?

Have I abused my position to accept bribes, to damage or destroy other people's possessions?

Do I overcharge prices?  
Do I pay my workers just wages?  
Do I give my employer an honest day's work?  
Have I refused to pay my debts?  
Do I have feelings of jealousy?  
Have I made restitution for anything I may have acquired unjustly?

### Truth and Honesty

Do I speak the truth even when it is unpopular and risky?  
Have I told lies for my own benefit?  
Have I told lies to injure other people?  
Have I lied under oath?

### My Church Community

Do I take an active part in the life of my Christian community and my parish?  
Do I support my Christian community according to my financial position?  
Do I help the members of my Christian community who are in need: the poor, the sick, those who are in prison, the lonely, widows and orphans?

## SORROW FOR SINS

*Jesus showed special love and compassion for those sinners who were sorry for their sins and repented. Having realised your many sins, you are now ready to express your sorrow for having offended God, in these or similar words:*

My God,  
I am sorry for my sins with all my heart.  
In choosing to do wrong  
and failing to do good,  
I have sinned against you  
whom I should love above all things.  
I firmly intend with your help,  
to do penance, to sin no more  
and to avoid whatever leads me to sin.

## CONFESSION

*When it is your turn you go to the priest and make the sign of the cross. The priest may greet you with these or similar words:*

May God who has enlightened every heart, help you to know your sins and trust in his mercy.

*You answer:*

Amen.

*Then the priest may read a short text from the bible proclaiming God's mercy and calling for repentance. You may begin by saying:*

Forgive me, Father, for I have sinned.  
My last confession was...

*You will then confess your sins as you remember them. It is important to be truthful and to open your heart to the priest as you would to God himself. You may conclude your confession with these words:*

Lord Jesus, Son of God,  
have mercy on me, a sinner.

or

O my God, I am heartily sorry for having offended you, and I detest all my sins, because of your just punishments, but most of all, because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to sin no more, and to avoid the near occasions of sin.

*Then the priest extends his hands over you and says:*

God, the Father of mercies,  
through the death and resurrection of his Son  
has reconciled the world to himself  
and sent the Holy Spirit among us  
for the forgiveness of sins;  
through the ministry of the Church  
may God give you pardon and peace  
and I absolve you from your sins  
in the name of the Father, and of the Son, +  
and of the Holy Spirit. Amen.

*The priest then gives you a penance to perform. It may be a prayer or a good deed that will show your willingness to repent and to be again a living member of your Christian community.*

*The priest then dismisses you saying:*  
The Lord has freed you from your sins.  
Go in peace.

## THE FIRM PURPOSE OF AMENDMENT

*The best way to show God that you are truly sorry for your sins is your firm resolution to do all that is in your power in order to avoid those sins in the future. Without this resolution there is no real sorrow.*

*(Communal celebration of the Sacrament of Reconciliation can be found in the book, "We Pray and Sing to the Lord").*

# The Way of the Cross

## OPENING

As we follow Jesus, our Saviour, who carries his cross on the way to his death and glorification, may we become more like him in mind and heart:

"His state was divine  
yet he did not cling  
to his equality with God  
but emptied himself  
to assume the condition of a slave,  
and became as men are;  
and being as all men are,  
he was humbler yet,  
even to a point of accepting death,  
death on a cross" (Phil 2: 6-8).

*Let us pray*

I love you Jesus, my love, above all things;  
I repent with all my heart for having offended you.  
Never permit me to separate myself from you again.  
Grant that I may love you always, then do with me  
what you will.

## FIRST STATION

*We adore you, O Christ, and we bless you:  
Because by your holy cross you have redeemed the  
world.*

*The most innocent Jesus accepts, for God's glory and for our  
peace, the unjust sentence of death given by Pilate.*

Most loving Jesus, for your love and in penance for my  
sins I accept my death with all the pains, sorrows and  
afflictions which will accompany it. May your will and  
not mine be done, O Lord.

Have mercy on us, O Lord:  
**Have mercy on us.**

*Holy Mother, pierce me through.  
In my heart each wound renew,  
of my Saviour crucified.*

## SECOND STATION

*We adore you, etc.*

*Jesus takes the cross upon his shoulder. Jesus Master tells us, 'If anyone wishes to come after me, let him deny himself, take up his cross, and follow me.'*

I wish to follow you, O divine Master, by mortifying my passions and by accepting my daily crosses. Draw me to yourself, O Lord. The way that leads to heaven is narrow. On the way, I will lean on you, my guide and my comfort.

*Have mercy on us, etc.*

*Holy Mother, etc.*

## THIRD STATION

*We adore you, etc.*

*Jesus, overcome by the agony of Gethsemane, weakened by the scourging and the crowning with thorns, exhausted by fasting, falls for the first time.*

Jesus fell beneath the heavy weight of the cross. The temptations of the devil, of the flesh and of the world are many. Lead us not into temptation, O Lord, but deliver us from all evil, past, present and future.

*Have mercy on us, etc.*

*Holy Mother, etc.*

## FOURTH STATION

*We adore you, etc.*

*Jesus, bearing the cross, meets his mother, whose soul is pierced by a sword of sorrow. The hearts of Jesus and Mary are united in the same passion.*

Behold the two hearts which have greatly loved us, not sparing anything for our salvation. Most loving hearts of Jesus and Mary, grant me the grace to know you better, love you and imitate you. Take my whole heart so that it may always be yours.

*Have mercy on us, etc.*

*Holy Mother, etc.*

## FIFTH STATION

*We adore you, etc.*

*The Jews with false compassion force a certain passer-by, Simon of Cyrene, to take up the cross of Jesus.*

I am also bound to co-operate in the redemption of souls, by completing, with my sufferings, the passion of Jesus Christ. Accept me, O good Master, as a small victim. Preserve us from sin, save sinners from hell, and free the souls in purgatory from their sufferings.

*Have mercy on us, etc.*

*Holy Mother, etc.*

## SIXTH STATION

*We adore you, etc.*

*Veronica with pious compassion wipes the face of Jesus, and Jesus rewards her by leaving the impression of his face on the towel.*

I see in this disciple the model of those who make reparation. I understand the duty I have of weeping for my sins and for all the offences against your divine majesty. O Jesus, impress on me and on every soul the need to make reparation.

*Have mercy on us, etc.*

*Holy Mother, etc.*

## SEVENTH STATION

*We adore you, etc.*

*A second time Jesus' strength fails him. And having been disgraced and rejected he falls a second time under the cross.*

O good Master, thus you pay for our sins committed maliciously and for putting ourselves in the occasions of sin. Lord, I detest my sins, which offend your majesty, and which caused your divine Son's death and my spiritual ruin. I resolve to avoid sin in the future.

*Have mercy on us, etc.*

*Holy Mother, etc.*

## EIGHTH STATION

*We adore you, etc.*

*Many women weeping for Jesus, follow him. He tells them, 'Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children.'*

I humble myself for my many faults and for those which others have committed because of my bad example, lack of zeal and negligence in my duties. My Jesus, give me the grace to avoid sin, by deed, word, example and prayer.

*Have mercy on us, etc.*

*Holy Mother, etc.*

## NINTH STATION

*We adore you, etc.*

*Jesus falls the third time beneath the cross because our obstinacy has led us to sin again.*

Obstinacy blinds the mind, hardens the heart and places the soul in danger of an impenitent death. Give me, O Lord, the grace to watch over myself, to be faithful to the examination of conscience and to confess often and sincerely.

*Have mercy on us, etc.*

*Holy Mother, etc.*



## TENTH STATION

*We adore you, etc.*

*On Calvary Jesus is stripped of his clothes and given a mixture of gall and myrrh to drink. How much our sins of ambition and intemperance have cost Jesus!*

Lord, give me the grace to evermore detach my heart from all sinful vanities and pleasures, that I may seek only you, my supreme and eternal happiness.

*Have mercy on us, etc.*

*Holy Mother, etc.*

## ELEVENTH STATION

*We adore you, etc.*

*Jesus nailed to the cross, endures terrible pains, under the gaze of his most afflicted mother.*

Those who crucify their flesh together with their vices and passions, belong to Jesus Christ. I wish to belong to Jesus Christ in life, in death, at the universal judgment and for eternity. Do not let me be separated from you, O Jesus.

*Have mercy on us, etc.*

*Holy Mother, etc.*

## TWELFTH STATION

*We adore you, etc.*

*Jesus suffers ineffable pains for three hours and then dies on the cross for our sins.*

Jesus' death is renewed every day on our altars at holy Mass. Most loving Jesus, grant me devotion to the holy Mass, so that I may participate in it often and with the dispositions which your holy mother had at the foot of the cross.

*Have mercy on us, etc.*

*Holy Mother, etc.*

## THIRTEENTH STATION

*We adore you, etc.*

*The sorrowful Mother receives into her arms her Son taken down from the cross.*

Mary sees in his wounds the horrible work of our sins and Jesus' infinite love for us. Devotion to Mary is a sign of salvation. O Mother accept me as your son, be my companion in life; help me now and especially at the hour of my death.

*Have mercy on us, etc.*

*Holy Mother, etc.*

## FOURTEENTH STATION

*We adore you, etc.*

*The body of Jesus, anointed with spices, is brought to the sepulchre. Mary awaits with living faith her Son's resurrection.*

I firmly believe, my God, in the resurrection of Jesus Christ, as I believe in the resurrection of the dead. Every day I wish to arise to a new life so as to merit to rise in glory on the last day.

*Have mercy on us, etc.*

*Holy Mother, etc.*

Save us O Christ, our Saviour, through the merits of your cross.

**You who saved Peter on the sea, have mercy on us.**

*Prayer:*

O God, you willed to make holy the wood of the life-giving cross with the precious blood of your only begotten Son. Grant that we may rejoice in the glory of the cross and in your protection. Through the same Christ our Lord. Amen.

*Our Father, Hail Mary, Glory be, for the Pope's intentions.*

## Prayers to the Father, the Son and the Holy Spirit

### DE PROFUNDIS

Out of the depths I cry to you, O Lord,  
Lord, hear my voice!

O let your ears be attentive  
to the voice of my pleading.

If you, O Lord, should mark our guilt,  
Lord, who would survive?

But with you is found forgiveness:  
for this we revere you.

My soul is longing for the Lord,  
I count on his word.

My soul is longing for the Lord,  
more than watchman for daybreak.

(Let the watchman count on daybreak  
and Israel on the Lord).

Because with the Lord there is mercy,  
and fullness of redemption,

Israel indeed he will redeem  
from all its iniquity.

*Psalms 130*

## ANIMA CHRISTI

Soul of Christ, sanctify me.  
Body of Christ, heal me.  
Blood of Christ, drench me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
Good Jesus, hear me.  
In your wounds, shelter me.  
From turning away, keep me.  
From the evil one protect me.  
At the hour of my death call me.  
Into your presence lead me,  
to praise you with all your saints  
for ever and ever. Amen.

### PRAYER FOR PEACE AND UNITY

Lord Jesus Christ, you said to your apostles: 'I leave you peace, my peace I give you.' Look not on our sins but on the faith of your Church, and grant us the peace and unity of your kingdom where you live for ever and ever.

*Roman Missal, Rite of Peace*

### PRAYER FOR FINAL PERSEVERANCE

Our dear Redeemer, relying on your promises, because you are faithful, all-powerful, and merciful, we hope, through the merits of your passion, for the forgiveness of our sins, perseverance until death in your grace;

and at length we hope, by your mercy,  
to see and love you eternally in heaven.

*St Alphonsus Liguori*

### PRAYER FOR MEETINGS

We stand before you, Holy Spirit,  
Conscious of our sinfulness,  
but aware that we gather in your name.  
Come to us, remain with us,  
and enlighten our hearts.  
Give us light and strength to know your will,  
to make it our own,  
and to live it in our lives.  
Guide us by your wisdom,  
support us by your power, for you are God,  
sharing the glory of Father and Son.  
You desire justice for all:  
enable us to uphold the rights of others;  
do not allow us to be misled by ignorance  
or corrupted by fear or favour.  
Unite us to yourself in the bond of love  
and keep us faithful to all that is true.  
As we gather in your name  
may we temper justice with love,  
so that all our decisions may be pleasing to you,  
and earn the reward  
promised to good and faithful servants. Amen

*This prayer, is attributed to  
St Isidore of Seville*

## PRAYER FOR THE FAMILY

Father,  
we look to your loving guidance and order  
as the pattern of all family life.  
By following the example of the holy family  
of your Son,  
in mutual love and respect,  
may we come  
to the joy of our home  
in heaven.

*From the Roman Missal*

## PRAYER FOR FORGIVENESS

Lord, hear the prayers of those who call on you,  
forgive the sins of those who confess to you,  
and in your merciful love  
give us your pardon and your peace.

*From the Roman Missal*

## PRAYER FOR ENLIGHTENMENT

Lord, make me an instrument of your peace.  
Where there is hatred, let me sow love;  
where there is injury, pardon;  
where there is discord, union  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;

where there is sadness, joy;  
O Divine Master,  
grant that I may not so much seek  
to be consoled as to console;  
to be understood as to understand;  
to be loved as to love.  
For it is in giving that we receive;  
it is in pardoning that we are pardoned;  
and it is in dying that we are born to eternal life. Amen.

*St Francis of Assisi*

## PRAYER FOR THE MASS MEDIA

O God, to communicate your love to us, you sent your  
only Son Jesus Christ into the world and made him our  
only Master, the way and truth and life of humanity.  
Grant that the media of social communication – press,  
films, radio, television and all audiovisuals – may always  
be used for your glory and the good of all.

Raise up vocations for this multimedia apostolate, and  
inspire all persons of good will to contribute with prayer,  
action and offerings, so that through these means the  
Church may preach the Gospel to all peoples. Amen.

## PENITENT'S PRAYER

Most Sacred Heart of Jesus, have mercy on me. O God, forgive me all the sins of my life: the sins of my youth and the sins of my old age, the sins of my body and the sins of my soul, the sins I have confessed and the sins I have forgotten, the sins against others in thought, word and deed; my sins of omission. O my God, I am sorry for all my sins, because you are so good; and I will not sin again, with the help of God. God, be merciful to me, a sinner. Divine Heart of Jesus, convert sinners, save the dying, deliver the holy souls in purgatory.

*Irish prayer*

## CREATOR SPIRIT ALL DIVINE

Creator Spirit, all divine,  
come visit every soul of thine,  
and fill with thy celestial flame  
The hearts which thou thyself didst flame.  
O gift of God, thine is the sweet  
consoling name of Paraclete  
And spring of life and fire of love  
And unction flowing from above.

The mystic sevenfold gifts are thine,  
Finger of God's right hand divine;  
And Father's promise sent to teach  
The tongue a rich and heavenly speech.

Kindle with fire brought from above  
Each sense, and fill our hearts with love;  
And grant our flesh, so weak and frail  
The strength of thine which cannot fail.

Drive far away our deadly foe,  
And grant us our true peace to know;  
So we, led by thy guidance still,  
May safely pass through every ill.  
To us, through thee, the grace be shown,  
To know the Father and the Son;  
And Spirit of them both, may we  
forever rest our faith in thee.

To Sire and Son be praises meet,  
and to the Holy Paraclete  
And may Christ send us from above  
That Holy Spirit's gift of love. Amen.

# Prayers to Our Lady and the Saints

## MAGNIFICAT

My soul glorifies the Lord,  
My spirit rejoices in God my Saviour.

He looks on his servant in her nothingness;  
henceforth all ages will call me blessed.

The almighty works marvels for me.  
Holy is his name!

His mercy is from age to age,  
on those who fear him.

He puts forth his arm in strength  
and scatters the proud-hearted.

He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things  
and sends the rich away empty.

He protects Israel, his servant  
remembering his mercy.

The mercy promised to our fathers,  
to Abraham and his sons forever.

## THE HOLY ROSARY

"The Rosary is a gospel prayer.  
The orderly and gradual unfolding of the Rosary  
reflects the very way in which the word of God, merci-  
fully entering into human affairs, brought about the  
Redemption."

*(Pope Paul VI, Marialis Cultus (1974) n. 44)*

## THE MYSTERIES OF THE ROSARY

"For the Rosary to become more fully a 'compendium  
of the Gospel', it is fitting to add, following reflection on  
the Incarnation and the hidden life of Christ (the joyful  
mysteries) and before focusing on the sufferings of his  
Passion (the sorrowful mysteries) and the triumph of  
his Resurrection (the glorious mysteries), a meditation  
on certain particularly significant moments in his public  
ministry (the mysteries of light)." (John Paul II)

## THE JOYFUL MYSTERIES

*Mondays and Saturdays*

"The first five decades, the "joyful mysteries," are marked  
by the joy radiating from the event of the Incarnation. To  
meditate upon the "joyful" mysteries, then, is to enter into  
the ultimate causes and the deepest meaning of Christian  
joy." (John Paul II)

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation in the Temple
5. The Finding of the Child Jesus in the Temple

## THE MYSTERIES OF LIGHT

Thursdays

*"Moving on from the infancy and the hidden life in Nazareth to the public life of Jesus, our contemplation brings us to those mysteries which may be called in a special way 'mysteries of light.' Certainly the whole mystery of Christ is a mystery of light. He is the 'light of the world' (Jn 8:12)." (John Paul II)*

1. The Baptism of Jesus in the Jordan
2. Jesus Changes Water into Wine at Cana
3. Jesus Proclaims the Kingdom of God
4. The Transfiguration of Jesus
5. Jesus Institutes the Eucharist

## THE SORROWFUL MYSTERIES

Tuesdays and Fridays

*Ecce homo: the meaning, origin and fulfilment of man is to be found in Christ, the God who humbles himself out of love 'even unto death, death on a cross' (Phil 2:8). The sorrowful mysteries help the believer to relive the death of Jesus, to stand at the foot of the Cross beside Mary, to enter with her into the depths of God's love for man and to experience all its life-giving power." (John Paul II)*

1. The Prayer and Agony in the garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death of our Lord

## THE GLORIOUS MYSTERIES

Wednesdays and Sundays

*"Contemplating the Risen Christ, Christians rediscover the reasons for their own faith (cf. 1 Cor 15:14) and relive the joy not only of those to whom Christ appeared – the Apostles, Mary Magdalene and the disciples on the road to Emmaus – but also the joy of Mary, who must have had an equally intense experience of the new life of her glorified Son." (John Paul II)*

1. The Resurrection
2. The Ascension of Christ into Heaven
3. The Descent of the Holy Spirit on the Apostles
4. The Assumption
5. The Coronation of the Blessed Virgin Mary in Heaven and the Glory of all the Saints

*After the 5<sup>th</sup> mysteries we say the SALVE REGINA (Hail, Holy Queen)*

## LITANY OF OUR LADY OF LORETO

Lord, have mercy.  
Christ, have mercy.  
Lord, have mercy.  
Christ, hear us,  
God the Father of Heaven,  
God the Son, Redeemer of  
the world,  
God the Holy Spirit,  
Holy Trinity, one God,  
Holy Mary,  
Holy Mother of God,  
Holy Virgin of virgins,  
Mother of Christ,  
Mother of divine grace,  
Mother most pure,  
Mother most chaste,  
Mother inviolate,  
Mother undefiled,  
Mother most lovable,  
Mother most admirable,  
Mother of Good Counsel,  
Mother of our Creator,  
Mother of our Saviour,  
Mother of the Church  
Virgin most prudent,  
Virgin most venerable,  
Virgin most renowned,  
Virgin most powerful,

[illegible]

Virgin most merciful,  
 Virgin most faithful,  
 Mirror of justice,  
 Seat of wisdom,  
 Cause of our joy,  
 Spiritual vessel,  
 Vessel of honour,  
 Singular vessel of devotion,  
 Mystical rose,  
 Tower of David,  
 Tower of ivory,  
 House of gold,  
 Ark of the covenant  
 Gate of heaven,  
 Morning star,  
 Health of the sick,  
 Refuge of sinners,  
 Comfort of the afflicted,  
 Help of Christians,  
 Queen of angels,  
 Queen of patriarchs,  
 Queen of prophets,  
 Queen of apostles,  
 Queen of martyrs,  
 Queen of confessors,  
 Queen of virgins,  
 Queen of all saints,  
 Queen conceived without original sin,  
 Queen assumed into heaven,  
 Queen of the most holy rosary,  
 Queen of peace,

[illegible]



Lamb of God, you take away  
the sins of the world  
Lamb of God, you take away  
the sins of the world

Lamb of God, you take away  
the sins of the world,

Pray for us, O holy Mother of God,  
That we may be made worthy of the promises of Christ.

*Let us pray.*

Grant that we, your servants, Lord, may enjoy unfailing health of mind and body, and through the prayers of the ever blessed Virgin Mary in her glory, free us from our sorrows in this world and give us eternal happiness in the next. Through Christ our Lord. Amen.

### MEMORARE

Remember, O most loving Virgin Mary,  
never was it heard,  
that anyone who turned to you  
for help was left unaided.  
Inspired by this confidence,  
though burdened by my sins,  
I run to your protection  
for you are my mother.  
Mother of the Word of God,  
do not despise my words of pleading  
but be merciful and hear my prayer. Amen.

*St Bernard*

Spare us, O Lord

Graciously  
hear us, O Lord

Have mercy on us

### MARY, HELP OF THOSE IN NEED

Holy Mary, help those in need, give strength to the weak, comfort the sorrowful, pray for God's people, assist the clergy, intercede for religious.  
May all who seek your help experience your unfailing protection. Amen.

*From the Common of the Blessed Virgin Mary*

### LITANY OF THE SAINTS

*This litany is said on Holy Saturday during the solemn baptism rites. It may be used for any other occasion. We may also add the names of our local martyrs and saints, when this is suitable.*

Lord, have mercy  
Christ, have mercy  
Lord, have mercy  
Holy Mary, Mother of God  
Saint Michael  
Holy angels of God  
Saint John the Baptist  
Saint Joseph  
Saint Peter and Saint Paul  
Saint Andrew  
Saint John  
Saint Mary Magdalene  
Saint Stephen  
Saint Ignatius  
Saint Lawrence  
Saint Perpetua and Saint Felicity  
Saint Agnes

Lord, have mercy  
Christ, have mercy  
Lord, have mercy  
pray for us  
pray for us  
pray for us  
pray for us  
pray for us  
pray for us  
pray for us  
pray for us  
pray for us  
pray for us  
pray for us  
pray for us  
pray for us



## PRAYER TO ST JUDE

Most holy Apostle St Jude, faithful servant and friend of Jesus, the name of the traitor who delivered the beloved Master into the hands of his enemies, has caused you to be forgotten by many, but the Church honours and invokes you universally as the patron of hopeless cases, of things despaired of. Pray for me who am so miserable; make use, I implore you, of that particular privilege accorded to you, to bring visible and speedy help, where help is almost despaired of. Come to my assistance in this great need that I may receive the consolation and succour of Heaven in all my necessities, tribulations, and sufferings, particularly (here make your request) and that I may bless God with you and all the elect forever. Amen.

## PRAYER TO THE MARTYRS OF UGANDA

O Lord Jesus Christ, you have wonderfully strengthened the Holy Martyrs of Uganda, Charles Lwanga, Matthias Mulumba and Companions; and have given them to us as examples of faith, fortitude, chastity, charity and fidelity; we beseech you that by their intercession the same virtues may increase in us and that we may deserve to become propagators of the true faith. Who live and reign world without end. Amen.

## Guide for the Christian Life

### THE TEN COMMANDMENTS

1. I am the Lord your God; you shall have no other gods before me.
2. You shall not take the name of the Lord, your God, in vain.
3. Keep the Lord's day holy.
4. Honour your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbour.
9. You shall not covet your neighbour's wife.
10. You shall not covet your neighbour's property.

### THE BEATITUDES

1. Blessed are the poor in spirit; for theirs is the Kingdom of Heaven.
2. Blessed are they who mourn; for they shall be comforted.
3. Blessed are the meek; for they shall inherit the earth.
4. Blessed are they who hunger and thirst after justice; for they shall have their fill.
5. Blessed are the merciful; for they shall obtain mercy.
6. Blessed are the clean of heart; for they shall see God.

7. Blessed are the peacemakers; for they shall be called the children of God.
8. Blessed are they who suffer persecution for justice's sake; for theirs is the Kingdom of Heaven.

### THE TWO COMMANDMENTS OF CHARITY

1. You shall love the Lord, your God, with all your heart and with all your strength; and
2. You shall love your neighbour as yourself.

### JESUS' NEW COMMANDMENT

I give you a new commandment:  
love one another;  
just as I have loved you (Jn 13:34).

### THE TWO PRINCIPAL MYSTERIES OF OUR FAITH

1. Unity and Trinity of God
2. Incarnation, Passion, Death and Resurrection of Jesus Christ.

### THE SEVEN SACRAMENTS

Baptism, Confirmation, Eucharist,  
Penance, Anointing of the Sick,  
Holy Orders and Matrimony.

### THE SEVEN GIFTS OF THE HOLY SPIRIT

Wisdom, Understanding, Counsel, Fortitude,  
Knowledge, Piety, and the reverential Fear of God.

### THE THREE THEOLOGICAL VIRTUES

Faith, Hope and Charity.

### THE FOUR CARDINAL VIRTUES

Prudence, Justice, Fortitude and Temperance.

### THE SEVEN DEADLY SINS

Pride, Covetousness, Lust, Anger, Gluttony, Envy, Sloth.

### THE COMMANDMENTS OF THE CHURCH

1. You shall attend Mass on Sundays and on holy days of obligation and remain free from work or activity that could impede the sanctification of such days.
2. You shall confess your sins at least once a year.
3. You shall receive the sacrament of the Eucharist at least during the Easter season.
4. You shall observe the days of fasting and abstinence established by the Church.
5. You shall help to provide for the needs of the Church.

## THE SEVEN CORPORAL WORKS OF MERCY

1. To feed the hungry
2. To give drink to the thirsty
3. To clothe the naked
4. To shelter the homeless
5. To visit the sick
6. To visit the imprisoned
7. To bury the dead

## THE SEVEN SPIRITUAL WORKS OF MERCY

1. To counsel the doubtful
2. To instruct the ignorant
3. To admonish sinners
4. To comfort the afflicted
5. To forgive offences willingly
6. To bear wrongs patiently
7. To pray for the living and the dead.



PAULINES PUBLICATIONS AFRICA

ISBN 9966-08-596-3



9 789966 085962